

## Pulse Rings

This breakthrough product allows the exerciser to detect and display their Heart Rate without the need of a transmitter "chest strap." The all in one device is worn as a ring on the finger. Heart Rate is detected via an Infrared Sensor and displayed on a 17.5 x 10.5 mm Liquid Crystal Display.



### Features

- Heart Rate is detected by Infrared Sensor
- 12 hr / 24 hr Clock
- Heart Rate display range: 30-220 beats per minute
- Stop watch: 00:00:00 to 99:59:99

### Advantages

- Fitness Test Function: This measures users' one minute Heart Rate recovery and gives a Fitness Level score of 1 to 6
- Maximum Heart Rate during workout session storage and recall
- Time spent in target Heart Rate Zone during workout
- Automatic Power shut off (after 1 minute of no activity)